

SHAREABLES

BITE BITE PASS

Healthy

Happy

CauliFIRE {5.95}

VE GS 🔥

Cauliflower, buffalo sauce, pico, cilantro yo | 135 cal

Brussel Crowe {6.95}

VG GS

Sauteed brussels, caramelized onions, golden raisins, capers, almonds, parsley, balsamic glaze
285 cal

FATS' Pickles {5.95}

VE 🔥

Fried pickle chips, cajun seasoning, chipotle aioli

BALLS {6.95} VE

Spinach and corn risotto balls, pesto aioli, greens dressed in tomato oil

THINGS IN BOWLS

THAT YOU EAT

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Smoke in a Bowl® {10.95} GS

Agave BBQ chicken, peppers, onions, pineapple, black bean pico, cilantro yo, jasmine rice | 513 cal

Naked Chix {9.95} GS

Mango basil chicken, Hawaiian mix, jasmine rice, cilantro yo | 404 cal

Zucc It® {9.95} VG GS 🔥

Zucchini noodles, eggplant, squash, peppers, cherry tomatoes, mushrooms, arrabbiata sauce | 144 cal

Bleu Balsamic {10.95}

Shaved Steak, spinach, cherry tomato, red onion, bleu cheese, balsamic | 460 cal

More Cow Bowl®* {12.95}

Teriyaki filet mignon, cauliflower, portobello, peppers, scallion, egg fried rice

Buff Chix {9.95} 🔥

Fried buffalo chicken tenders, truffle fries, ranch

Stuff On Curry® {9.95} VG 🔥

Rice noodles, roasted corn, peppers, basil, jalapeño, coconut curry sauce, crispy chickpeas

Hot Chix {10.95} 🔥

Buffalo chicken, romaine salad, fried jalapeño, bleu cheese, pico, avocado, jalapeño ranch

ADD PROTEIN

Filet* {6} | NY Steak* {6} | Shrimp {6} | Ahi {6} | Chicken {4}
Turkey Patty {4} | 1/4 lb burger* {2} | 1/2 lb burger* {4} | Tofu {4}

TACOS

PICK 2 TACOS FOR {7.95}

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Turnip Taco 🔥

Filet mignon, pico, jicama, habanero lime crema, wheat tortilla | 220 cal

Shrimp Tacodilla 🔥

Tempura shrimp, spicy slaw, pico, chipotle aioli, pepper jack quesadilla shell

BETWEEN THE BUNS

BURGERS, SANDWICHES & TOAST
(includes choice of side)

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AvocaToast* {9.95} VE

Avocado, 9 grain toast, pesto, feta cheese, roasted tomato, sunny side egg | 540 cal

T.A.T.S. {10.95}

Turkey bacon, avocado, tomato, spinach, spicy yo, 9 grain | 489 cal

Cranburkey {10.95}

Turkey patty, arugula, tomato, onion, cranberry yo, wheat bun | 470 cal

Mean Bean® {11.95} VG 🔥

Housemade black bean patty, spinach, red onion, tomato, avocado, spicy hummus, wheat bun | 463 cal

STEAKation® {12.95}

Shaved Steak, arugula, tomato, red onion, horseradish yo, wheat bun | 453 cal

Caes' the day {10.95}

Grilled chicken, vegan caesar, mixed greens, pickled red onion, smashed avocado, spinach wrap | 516 cal

TeriyAhi* {13.95}

Seared teriyaki ahi, slaw mix, tomato, sesame crusted 9 grain | 431 cal

Wake N' Bacon {10.95}

Bacon, egg, pepper jack, avocado, sriracha cream cheese, Hawaiian Roll

Meltdown* {12.95}

Two 1/4 lb beef patties, cheddar, provolone, caramelized onions, tomato, spicy aioli, sourdough

The Classic* {11.95}

1/2 lb beef patty, cheddar, lettuce, tomato, onion, pickles, SF sauce, brioche + \$4 Dbl. Meat/Cheese

Cherry Popper®* {13.95}

1/2 lb beef patty, fried egg, pepper jack, spicy slaw, pepper marmalade, hawaiian roll + \$4 Dbl. Meat/Cheese

Sweet Cheese Us® {13.95}

Shaved Steak, pepper marmalade, caramelized onions, pepper jack, portobello, cheddar sauce, hoagie

Blaze of Thunder {11.95} 🔥

Crispy Nashville hot chicken, creamy slaw, pickles, brioche

Chix on Broadway {12.95}

Breaded chicken breast, BLT, red onion, cheddar, lemon herb aioli, brioche

JUICES ^{12oz}

Liquid Defense {5.95}

Orange, carrot, apple, lemon, lime, basil | 255 cal

Sweet Ginger {5.95}

Apple, beet, carrot, lemon, ginger | 236 cal

Green Mile {5.95}

Apple, kale, spinach, cucumber, lemon, celery | 157 cal

DRINKS

Soda or Iced Tea

21oz. {2.75} 32oz. {2.95}

Coffee or Hot Tea {2.95}

Seasonal Kombucha {5.95}

SkinnyFATS Punch {6.95}

Apple, orange, strawberries, banana, lemon, agave, blended w/ice | 182 cal

Live Healthy
SKINNYFATS
Live Happy®

SIDES

House Salad {2.95} VG

Grapefruit Brûlée {1.95} VG GF

Yummus {3.95} VG

Jasmine Rice {2.95} VG GF

Cauliflower Rice {2.95} VG GF

Truffle Fries {3.95}

Sweet Potato Fries {3.95}

COOKIES {2.95}



VG=VEGAN VE=VEGETARIAN GS=GLUTEN SENSITIVE 🔥=HOT

*"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions."

The HEALTHY SIDE / HAPPY SIDE menu layout is a United States registered trademark of SkinnyFats Worldwide LLC.